

Starters / Small Plates / Sharers

Bread & Olives Balsamic Oil (VE GF*) £5 **IW Tomato Bruschetta** Crostini (VE GF*) £9 **Crab Ramekin** Bechamel. Crostini. £13
IW Crab Bruschetta Crostini (GF*) £12 **Cajun Prawns** Chorizo. Baby Sweetcorn (GF) £10
Mackerel Pâté Caper Berry. Pickled Onion. Crostini (GF*) £9 **Truffled Mushroom Arancini** Basil Pesto. Parmesan (V) £9
Caprese Salad Tomato. Mozzarella. Basil Leaves. Olive Oil. Seasoning (V) £9
Korean Fried Cauliflower Smooth & Tangy Miso. Plum Hummus (V) £7 **Fritto Misto** Calamari. Whitebait. Lemon Aioli. £9
C&L Seafood Cocktail Crab. Salmon. Prawn. Marie Rose. Sourdough (GF*) £12

From The Sea

Moules Frites White Wine. Garlic. Local Bread (GF*) £22 **Proper Fish & Chips** Minted Mushy Peas. Tartar. £19 / To'fish (V) £18
Seafood Linguine Smoked Salmon. Crab, Prawn. Mussels. £21 **C&L Fish Pie** Salmon. Prawn. Haddock. Sourdough. £21
Cod & Clams Bacon Mash. White Wine Sauce (GF) £21 **Whitby Scampi** Chips. Peas. Tartar. £18
Whole Lobster Garlic Butter. IW Tomato Salad. Fries (GF) £76 *Add thermidor sauce £6*

Seafood Platter (Cold) (GF*) £26
 Crab. Salmon. Shell On Prawns. Greenlip Mussels. Seafood Medley. Seasoned Fries. Green Salad. Local Bread.

Seafood Platter (Hot) (GF*) £35pp (*based on 2 sharing*)
 Whole Sea Bass. Gambas. Moules. Fish Goujons. Crab Ramekin. Seasoned Fries. Green Salad. Local Bread.

From The Land

Chicken Supreme Wild Mushroom and Pancetta Sauce. Green Beans. Mash (GF) £19
Local Pork & Leek Sausages Bubble & Squeak. Rich Jus. Crispy Onions (GF) £17
Beef Shortrib Shallots. Baby Carrots. Green Beans. Mash (GF) £21 **Sirloin Steak** Chimichurri. IW Tomato. Fries. £28 *Add 1/2 lobster £35*
C&L Burger Applewood Cheddar. Onion and Tomato. Marmalade. Streaky Bacon. Lettuce. Fries (GF*) £18
Chicken Burger Applewood Cheddar. Sriracha Mayo. Streaky Bacon. Lettuce. Fries (GF*) £17

Vegetarian & Salads

<p>Wild Mushroom Risotto (VE* GF) £14 Truffle Oil. Parmesan.</p> <p>Veggie Burger (VE* GF*) £16 Halloumi. Onion & Tomato Marmalade. Lettuce. Fries.</p> <p>Aubergine Parmigiana (V) £16 Cheese & Basil. Rich Tomato Sauce. Parmesan Cream. Basil Oil.</p> <p>Sri Lankan Beets (VE) £16 Spice Infused Potato Croquette. Sambal. Rice.</p>	<p>Smoked Salmon & Prawn Salad (GF*) £17 Crusty Bread.</p> <p>Crab Salad (GF*) £24 New Potatoes or Chips. Crusty Bread.</p> <p>Half Lobster Salad (GF*) £35 New Potatoes or Chips. Crusty Bread.</p> <p>Caesar Salad (GF*) £12 <i>Add chicken £5</i> Anchovies. Parmesan. Croute.</p>
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Sides

Chips/Fries Cheesy or Seasoned. £4.5 **Parmesan & Truffle Oil Crab.** £9 **Cheesy Garlic Bread.** £4.5
Asian Greens Tenderstem. Green Beans. Honey. Mustard. Soy. £4.5 **House Slaw.** £4

LUNCH MENU

SERVED 12–4pm

Flatbreads

All served with house slaw, tzatziki and chilli

Steak £17 **Chicken** £16 **Halloumi (v)** £15

Ploughmans £15

Cheddar. Ham. Pickles. Apple. Coleslaw. Half Pork Pie. Crusty Bread.

Crab On Chips (GF) £15

With Mozzarella Topping.

Sandwiches

All served with side salad and crisps

Smoked Salmon & Cream Cheese (GF*) £9 **Prawn Marie Rose (GF*)** £10

Crab (GF*) £13 **Fish Finger (GF*)** £11 **Salt Beef & Gherkin (GF*)** £9

Ham & Tomato (GF*) £8 **Cheddar & Onion (v GF*)** £8