

Starters

Crab On Crumpet £13

Buttery crumpet topped with Yarmouth bay crab crown, mature cheddar rarebit, peppered rocket and pesto.

Seafood Tian (GF) £12

Prawns in our in-house seafood sauce, smoked salmon and avocado with a mixed bell pepper rocket salad.

Perfect Sunshine Sharing Board (GF) £9

Herb-infused Isle of Wight tomato bruschetta, olives, smoked hummus, mozzarella.

Mussels (GF) £11

Cooked in a cider sauce.

Homemade Meatballs (GF) £9

In a rich tomato sauce.

Isle of Wight Tomato & Mozzarella Salad (GF) £11

Herb crusted Isle of Wight tomatoes, buffalo mozzarella, caper berries, coriander, black pepper, balsamic glaze. Add Tiger Prαwns £6

From The Sea

Simply Perfect Fish & Chips By The Beach £19

Light and crisp battered cod, buttered peas, sea salt fries.

Moules Frites (GF) £24

Highland mussels cooked in a creamy garlic sauce served with a side of fries.

Linguine £23

Yarmouth bay crab and highland mussels in a garlic white wine parmesan sauce. Topped with spring onion, sweet bell pepper, roasted lemon.

Scampi & Chips £19

Golden breaded scampi served with chips, buttered peas, homemade tartare and a wedge of lemon.

Amazing Crab Lobster Seafood Risotto (GF) £22

Rich creamy smoked haddock, salmon, mussels, topped with parmesan, sweet bell pepper. Add Lobster for £35 / Add Crab for £12

Crab Salad £24

Mixed leaves, Isle of Wight tomato, minted cucumber, radish, peppers and dressing.

From The Land

Steak & Goddards 'Fuggle Dee Dum' Ale Pie £19

Delicious slow cooked beef in a shortcrust pastry served with chips or mash and a side of vegetables with a rich gravy.

The Captains Burger (GF) £18

A succulent homemade burger topped with cheese and bacon on a base of lettuce and tomato. With a side of chips and homemade slaw.

Soul Chicken (GF) £19

Panko-coated chicken fillets on a rich bacon and cheddar cheese sauce. Finished with tabasco mayo, pea shoots, sea salt fries, in-house slaw.

28 Day Aged Sirloin (GF) £30

Cooked to your liking with Isle of Wight tomatoes, giant onion ring, herb salad, sea salt fries.

Add Lobster for £35 / Add 3 Tiger Prawns for £9

Sides

Garlic Bread £4 Cheesy Garlic Bread £6 Crab on Chips (GF) £14

Parmesan Truffle Fries (GF) £7 Seasoned Fries (GF) £4.5



LUNCH MENU

SERVED 12-4:30pm

Sandwiches & Rolls

All come with a dressed salad and pot of crisps.

Proper Fish Sarnie £12

Battered mackerel fillet, lemon mayo, pickles and homemade tartare.

Crayfish Roll £12

Beautiful crayfish in a seafood sauce.

Yarmouth Crab Sandwich £14

Chicken Caesar Roll £11

Chicken, lettuce, parmesan shavings and dressing.

Prawn Cocktail Sandwich £12

Prawns, avocado, lettuce, seafood dressing.

Smoked Salmon & Cream Cheese Sandwich £11

Salads

Mixed leaves, I.O.W. tomato, minted cucumber, radish, peppers and dressing.

Crab Salad £24 Lobster Salad £45 Classic Caesar Salad £12 Add Chicken £5

Prawn & Smoked Salmon Salad £18 Greek Salad With tzatziki. (GF) £15

(V) VEGETARIAN. (V*) VEGETARIAN OPTION AVAILABLE. (GF) GLUTEN FREE. (GF*) GLUTEN FREE OPTION AVAILABLE.

ALLERGIES & INTOLERANCES:

Please always inform your server of any allergies or intolerances before placing your order. Not all ingredients are listed on the menu and we cannot guarantee the total absence of allergens in any item due to cross contamination risk.



DRINKS



Light & Juicy

Arjona Rioja Tinto Joven

SPAIN

This medium-bodied Rioja has wild, fruity aromas of red berries. The wine is initially fresh, but with a complex and lively aftertaste that is very satisfying.

BOTTLE £29.00

Vicuna Merlot

CHII F

A lovely plummy Merlot with a ripeness typical of Chilean wine. Easy on the palette and very drinkable.

175ML **£7.25** 250ML **£9.45** BOTTLE **£27.00**

Côtes du Rhône

FRANCE

Packed full of light, fresh fruit and peppery flavours with fine tannins.

BOTTLE £32.00

Alto Los Romeros Pinot Noir

CHILE

A medium bodied wine with delicious strawberry and redcurrant fruit flavours, for a soft and lingering finish.

BOTTLE £34.00

Gustales Crianza

SPAIN

Plummy with hints of strawberry and vanilla, this is a juicy and flavourful wine, silky smooth with a complex finish.

BOTTLE £34.00

Rich & Smooth

Telegraph Road Shiraz

AUSTRALIA

This Australian red offers intense fruit flavours, with notes of plum, blackcurrants and strawberry, softened with a hint of vanilla.

175ML **£7.25** 250ML **£9.45** BOTTLE **£27.00**

Uvas del Sol Malbec

ARGENTINA

A full-bodied fruity wine, characterised by fresh notes of blackberry, cassis and perfectly balanced tannins.

175ML **£8.25** 250ML **£10.25** BOTTLE **£29.00**

Big & Bold

Chateau Tour Bel-Air Montagne-Saint-Emilion

FRANCE

A rich wine with notes of sweet cherries balanced against hints of menthol and liquorice for a full body and long finish.

BOTTLE £39.00

Rosé

Zinfandel Rosé

FEATHER FALLS, USA

A deliciously fruity wine with hints of cherry, watermelon, strawberry and sweet candy.

175ML **£6.65** 250ML **£8.65** BOTTLE **£25.00**

Cortefresca Pinot Grigio Blush

ΙΤΔΙΥ

Wonderfully light with delicate flavours of strawberry, peach and watermelon and a dry finish.

175ML **£7.25** 250ML **£9.45** BOTTLE **£27.00**

Soleil des Alpes, Haute Provence Rosé

FRANCE

This pale rosé has red berry aromas with hints of summer flowers.

BOTTLE £38.00



Smaller glasses of 125ml available for wine by the glass

White Wine & Sparkling

Fruity & Ripe

Pato Torrente Chardonnay

CHILE

Fresh with ripe exotic fruit flavours typical of high-quality Chilean wine.

175ML **£7.25** 250ML **£9.45** BOTTLE **£27.00**

Vicuna Sauvignon Blanc

CHILE

Crisp and fresh with limey fruit, a hint of herbs and a twist of melon.

175ML **£7.25** 250ML **£9.45** BOTTLE **£27.00**

Aromatic & Elegant

Pask Instinct Sauvignon Blanc

NEW ZEALAND

Vibrant acidity, balanced with fresh flavours of gooseberry and passionfruit and hints of lime and minerality.

175ML **£8.75** 250ML **£11.50** BOTTLE **£34.00**

Fresh & Crisp

Cortefresca Pinot Grigio

ITALY

An elegant, soft and dry white wine with excellent flinty minerality.

175ML **£7.25** 250ML **£9.45** BOTTLE **£27.00**

Gavi Luciano DOCG

ITALY

A gentle aromatic and dry white, with flavours of green apple and herbaceous notes - typical of the Cortese grape.

BOTTLE £37.00

Jean de Chaudenay Chablis

FRANCE

Crisp, firm Chablis with good fruit and plenty of minerality, juicy and elegant.

A fine example of this classic wine.

BOTTLE £47.00

Domaine Daulny Sancerre

FRANCE

Grassy notes, tropical fruits and hints of blackcurrant bud make for a crisp and fresh wine with beautiful minerality.

BOTTLE **£46.00**

PROSECCO

Prosecco

ITALY

Crisp with vibrant notes of apple and pear, for a delicate floral and fruity finish.

175ML **£8.95**70CL BOTTLE **£29.00**

Prosecco Rosé

ΙΤΔΙΥ

Dry, soft and well balanced on the palette a lovely light pink and full bodied Prosecco.

20CL **£8.95**70CL BOTTLE **£29.00**

CHAMPAGNE

Baron de Beaupré Champagne Brut

FRANCE

A delicate balance of freshness and complexity. Its vibrant bubbles dance on the palate, delivering a harmonious blend of fresh apple and citrus, with toasty and honey aromas.

BOTTLE **£56.00**

THE CRAB & LOBSTER BAR BLACKBOARD

See our boards for seasonal specials

Smaller glasses of 125ml available for wine by the glass



BRITISH GINS

Gordons

A distinctively refreshing gin crafted from the finest handpicked juniper berries and a secret selection of fragrant botanicals. 37.5% £3.75

Gordons Premium Pink

Flavoured with raspberry, strawberry and classic botanicals for a refreshing and sweet taste.

375% £3.80

Tanqueray London Dry

A refreshing gin with flavours of fresh pine, citrus and juniper for a smooth taste.
43% £4.25

Malfy Gin Rosa Pink Grapefruit

Flavoured with zesty Sicilian pink grapefuit, Italian lemons, fine botanicals and handpicked juniper.

41% £3.75



Hendrick's Gin

This Scottish gin is made with peculiar botanicals and uniquely curious infusions of cucumber and rose petals.

41.4% **£4.25**





Mermaid Isle of Wight Gin

A locally distilled gin infused with foraged samphire from the Island's chalky cliffs and Boadicea hops grown at Ventnor Botanical Gardens.

42% **£5.00**

Mermaid Isle of Wight Pink Gin

Infused with Isle of Wight strawberries and locally sourced botanicals for a sweet and complex taste.

42% **£5.00**

Mermaid Lemon Zest Isle of Wight Gin

A zesty and aromatic infusion of summer citrus fruits and wild botanicals, blended with Isle of Wight bergamot, lemon and rosemary.

42% **£5.00**

Whitley Neill Rhubarb & Ginger Gin

A handcrafted premium gin offering the perfect blend of sweet rhubarb and fiery ginger. 41% £4.20

TONICS & MIXERS



ALL £3.25 EACH

Premium Indian Tonic

Premium Indian Tonic Water with a clean and aromatic taste.

Premium Light Indian Tonic

Refreshing and aromatic with only 30 calories per bottle.

Mediterranean Tonic

Refreshing and aromatic, infused with thyme, fresh citrus and a hint of rosemary.



SPIRITS

Further choices of spirits are available please ask your server or visit the bar to view

WHISKY

Glenfiddich 12 Year Old Single Malt

Rich and sweet with fruity tones, developing into butterscotch, cream, malt and subtle oak flavours.

40% **£4.65**

Jameson Irish Whiskey

This classic Irish whiskey is wonderfully smooth and harmonious - a thoroughly enjoyable blend. 40% £4.25

Jack Daniel's Old No.7

Full-bodied whiskey with flavours of orange, brown sugar and spice, and a long rich finish.

40% **£3.95**

Shanky's Whip Liqueur

An intriguing spirit from Ireland, blending black whiskey blended with a smooth and creamy liqueur - drink on the rocks or with cola and a slice of lime.

33% **£4.50**

THE ISLE OF WIGHT

WIGHT WHISKY

IW Distillery Signature Malt Blend

Light oak and dried fruits combine for a smooth and creamy honey finish.

40% **£4.95**

RUM

Bacardi Carta Blanca

Perfect for classic rum cocktails like the Mojito.
37.5% £3.75

Sailor Jerry Original Spiced Caribbean Rum

Vanilla notes with a dry buttery toffee taste and hints of cinnamon.

40% £3.75



Kraken Black Spiced Rum

Dark spiced Caribbean rum blended with 11 spices, including cinnamon and ginger.

40% **£4.20**

Goslings Black Seal Bermuda Rum

Made from a 150-year-old Gosling family recipe, uses the finest distillates aged in charred American oak casks.

40% £3.95

Mermaid Isle of Wight Spiced Rum

Crafted from a carefully selected blend of sugar cane and molasses rum from Trinidad and the Dominican Republic.

38% **£4.75**

VODKA



Grey Goose Premium Vodka

Made using the best ingredients from France – soft winter wheat and Gensac spring water.

40% **£4.80**

IW Distillery Rock Sea Vodka

Grain distilled vodka with the subtle addition of rock sea salt.

40% £4.85

Smirnoff Vodka

The world's no.1 vodka.

40% £3.75

ALCOHOL FREE

Gordons Alcohol Free Gin

The same classic flavour just with zero alcohol.

0% £2.95

Captain Morgan Spiced Gold Alcohol Free Rum

A great alternative to the iconic Spiced Gold. 0% £2.95

CASK ALES, BEERS & CIDER

We take our pints seriously at The Crab & Lobster Inn, with a selection of nationally recognised and popular regional beers on our hand pulls, as well as locally brewed Isle of Wight beers to try – please ask your server for today's selection.



BEERS & STOUT

DRAUGHT

Birra Moretti 1/2 £3.30 PINT £6.60

Amstel 1/2 £2.90 PINT £5.80

Neck Oil 1/2 £3.60 PINT £7.20

Murphys 1/2 £3.00 PINT £6.00

BOTTLED

Peroni Nastro Azzurro

330ML BOTTLE 5% **£4.60**

Peroni Nastro Azzurro Gluten Free

330ML BOTTLE 5% **£4.80**

Corona Extra

330ML BOTTLE 5% £4.80

Ventnor Botanic Ale

500ML BOTTLE 4.3% **£5.60**

Crabbies Alcoholic Ginger Beer

500ML BOTTLE 4% **£5.40**

CIDERS

DRAUGHT

Orchard Thieves 1/2 £2.90 PINT £5.80

Inch's 1/2 £2.90 PINT £5.80

Old Mout 1/2 £3.20 PINT £6.40

Berries & Cherries

BOTTLED

Old Mout Ciders

Kiwi & Lime | Pineapple & Raspberry Berries & Cherries 500ML BOTTLES 4% **£5.90** EACH

LOW/ALCOHOL FREE

Birra Moretti Zero

330ML BOTTLE **£3.60**

Guinness 0.0

440ML CAN **£4.40**

Sharp's Doom Bar Zero Amber Ale

500ML BOTTLE **£3.90**

Adnam's Ghost Ship Behold Pale Ale

500ML BOTTLE 0.5% **£4.10**

Old Mout Alcohol Free Ciders

Berries & Cherries | Pineapple & Raspberry 500ML BOTTLE **£4.40** EACH

LOCAL ALES



- Islander
- Beachcomber
- Sea Dog



- GSB
- Fuggle Dee Dum
- Wight Squirrel



Brewed on The Isle of Wight especially for us...

THE CRAB & LOBSTER ALE

We regularly change our guest ales, so please ask for our current selection.

SOFT DRINKS



275ML BOTTLE ALL £3.40

Great blend of fruit juices available in three flavour combinations.

Orange & Passion Fruit Apple & Raspberry Apple & Mango

Frobisher Juice's
200ML £3.90 EACH
Apple | Orange Pineapple
Cranberry

Simply Fruity Kids Drinks £2.25 EACH

Blackcurrant | Orange

Strawberry



Traditional Ginger Beer

A deep, long-lasting ginger character.
200ML **£3.10**

Ginger Ale

A delicious refreshing Ginger Ale. 200ML **£3.10**

Hartridges Juices & Mixers
300ML £3.90 EACH

Ginger Beer | Crisp Apple Elderflower Presse Traditional Lemonade

Big Tom Spiced Tomato Juice 250ML £3.90

Coca-Cola Original

330ML GLASS BOTTLE £3.90

Diet Coke

330ML GLASS BOTTLE £3.50

Pepsi Original

SMALL **£2.40** LARGE **£4.40**

Pepsi Max | Diet Pepsi

SMALL **£2.40** LARGE **£4.40**

R Whites Lemonade

SMALL **£2.40** LARGE **£4.40**

Strathmore Spring Water

330ML £2.45 750ML £4.40 EACH
Still | Sparking

HOT DRINKS

Choice of Teas, Coffees & Hot Chocolate

AFTER DINNER DRINKS

Courvoisier £4.45 | Baileys £4.25 | Disaronno £4.25

Plus a selection of Port & Brandy

LIQUEUR COFFEES

Highland *Glenlivet*

Glenlivet Whisky

Calypso *Tia Maria*

ItalianDisaronno
Amaretto

Irish Baileys Caribbean

Kraken Black Spice Rum

all £6.95

THE BUDDLE SMUGGLERS INN

♦ DINING | FUNCTIONS | ROOMS ♦

THE BUGLE COACHING INN



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SEAFOOD | ROOMS | VIEWS ()

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